

### scents of knowing



We at Scents of Knowing are lovers of the wind, the water, the fire, and the earth.

In union with these elements, we practice the art of distillation: working together with the rhythms of nature, we distill aromatic plants to their essence.

At the same time we find ourselves refined by this process and feel inspiration assisting the plants to reveal their beauty and wisdom.

We are thankful to be joined in a symbiotic relationship with the plant world and welcome you on a journey to discover your own Scents of Knowing.

side 1

### kaori o kiku: listen to the smell



Limbic emotions reflect the universal emotions of the earth: thankfulness, joy, yearning, love, comfort, a sense of purpose...

Scents of Knowing is intended to express this range of emotions shared by all living things, and offers you the opportunity to renew your own true nature.

Trusting your relationship with each scent, the melodies will change to reveal changes in you; limbic emotions awaken and harmony is remembered.

side 2

### waters of emotion



*The qualities of water are showing us how to move inside grace. -Rumi*

Waters of Emotion are the earth's most ingenious way of allowing the complete absorption of nature's intelligence into your water-based body.

For these formulas, Scents of Knowing practices the ancient art of water distillation. Through this process, a natural union of the living oil and water molecules found in plants is created.

Mist Waters of Emotion directly onto your face and body, and feel your skin replenished by the harmonic scents and moisture. Quenching and enlivening your inner currents, these formulas reveal the clarity, strength and joy living within your own Waters of Emotion.

side 1

### serums of antiquity



Satiating the body's timeless desire for rich nutrition, Serums of Antiquity feed your skin with nature's intelligence.

The seed, nut and fruit oils used in these serums have been beloved through the ages as a form of topical sustenance. Using time-honored techniques, Scents of Knowing crafts these formulas on traditional cold presses before infusing them with our distilled essences.

Feast on Serums of Antiquity and feel satisfied by the essential fluids of the earth, nourishing your body and filling your soul.

side 2

### blends



*He to whom Nature begins to reveal her open secret will feel an irresistible yearning for her most worthy interpreter, Art. -Goethe*

Scents of Knowing Blends are inspired by the intelligence of nature and invite you to discover harmony in your own internal landscape.

For nearly two decades, these sixteen scents have remained in constant metamorphosis, ebbing and flowing like the universal emotions of the earth.

Embrace these Blends and the earth will open. Find union with nature and your internal landscape will sway to emanate your own authentic essence.

side 1

### single notes



Scents of Knowing Single Notes encourage expression and exploration through the creation of a unique personal scent.

Each note holds the essence of a single plant. They will joyously blend with your own body chemistry, and with one another if you choose to layer.

There are no mistakes when Single Notes dance together; what was good yesterday may be different today, so follow your instinct. These aromatic companions offer an endless opportunity to delight in the moods of your spirit.

side 2

### distillation



Scents of Knowing has developed custom instruments to conduct a symphony of over ninety Heartfully Grown wild and organic plants, guiding them through a form of harmonic rebirth.

In a gentle process, fresh flowers are immersed into golden jojoba oil where they surrender their essence. Roots, resins, spices, herbs, seeds, fruits and woods are all distilled using ancient methods of water distillation.

Evolving for over two decades, Scents of Knowing distillations are a refined means of extracting plant essences that resonate with the art of nature.

side 1

### heartfully grown



Heartfully Grown naturally emerged as Scents of Knowing's commitment to find union – with nature, with ourselves, with one another.

Our lives have been enriched by the harmony we feel with the earth, the friendships we have with our growers and gatherers, and the art we create with our distilled essences.

We wholeheartedly offer support and gratitude to the small farmers who helped develop the certified organic platform, but who can no longer afford the high prices and compromises required to become certified organic these days.

Although Scents of Knowing has the privilege of being a USDA Certified Organic facility, we were inspired to develop this new platform of excellence, which goes beyond any current standards.

side 2

*mistress of perfumes*



As an award-winning foreign correspondent, filmmaker and TV anchor, Joana Johnston has found herself stationed around the world, always seeking the true essence – the soul of things.

A documentary assignment in the 1980s led her deep into the Amazon where she was captivated by the plant universe and the *Pufumero* culture, an ancient tradition of indigenous perfume practices. Fascinated by the respect and sensitivity shared with the natural world, Joana began leading pilgrimages to sacred sites.

When Joana met Scents of Knowing founder Jack Chaitman and his art of smell, she recognized a modern-day *Pufumero* – living, walking, talking, creating beauty in her own culture.

Blending with Jack, Joana is now Scents of Knowing's mistress of perfumes.

side 1

*founder*



Scents of Knowing founder Jack Chaitman is immersed in every element of distillation. He is inspired by nature and motivated by his love of smell as an art form.

Touched by the potential for scent to bring about a connection to nature and limbic emotions, Jack began exploring this art over two decades ago, carefully observing the relationship that emerges between an individual and a plant essence.

In his desire to offer the most harmonic symphonies of smell, Jack began building his own instruments. Honoring the elements of the earth, in time Jack crafted customized distillation apparatus and methods to gently assist plants in releasing their essence.

Scents of Knowing offerings are the coalescence of Jack's art.

side 2

*offering*



We offer to you Scents of Knowing Blends, Single Notes, Waters of Emotion, and Serums of Antiquity.

The offerings may be enjoyed alone or combined, and crossover is welcome – used together, Serums and Waters provide an alternative to lotion – discover the essences and formulas that are appropriate for you.

8ml Blends, 60ml Waters of Emotion, and 15ml Serums of Antiquity are available in sixteen blended scents:

rest in the cave	ally
howling coyote	roots and stars
stone	storm
lion's heart	water heart spring
embrace	night song
torch	cyclone vision
poised	unfold
thru golden spiral	time to dance

8ml Single Notes, 60ml Waters of Emotion, and 15ml Serums of Antiquity are available in select single note scents.

side 1

*offering*










Scents of Knowing believes that because all products applied to the skin are absorbed into the body, they should be regarded as a form of food. We hold our offerings to this standard, implementing practices that are patient and sincere, and procedures that are fair, sustainable and heartfelt:

- we operate a USDA Certified Organic facility
- we use only Heartfully Crown wild and organic plants, with pure spring water
- we never use alcohol, emulsifiers or preservatives – although these additives are sometimes considered natural or even organic, we believe they weaken a product's life force and we would not ingest them
- all of our extractions and distillations involve glass apparatus – and our packaging is also glass – to protect against chemical and metallic leaching
- founder Jack Chaitman personally blends every formula before each one is bottled by hand
- we use only papers and inks that are environmentally sound

It is our gracious pleasure to share Scents of Knowing with you.

[scentsofknowing.com](http://scentsofknowing.com)

side 2

<p><i>rest in the cave</i> </p> <p>What is human. Deep in the earth. Safe and secure, we are forever cradled by the sweet and decaying smells; earth's breath, resting.</p>	<p><i>embrace</i> </p> <p>Always there. There always. Comforting, filling, embracing. The wind, the sun, rivers streams oceans. Mountains of giving in all ways. Always. Ease, the easiest.</p>	<p><i>ally</i> </p> <p>Alliance joy betrayal pain. Tenderness guidance returning. Ever so true, in my heart. I am always with you.</p>	<p><i>night song</i> </p> <p>All things recede: emptiness. All things multiply: flourishing. Singing the night's song: Art of Surrender.</p>
<p><i>howling coyote</i> </p> <p>Voice of us. Warmth. Swirl of movement in the belly. Attracted out, seduced out. The throat is alive with trust and feeling. Everything that is us racing out of us.</p>	<p><i>torch</i> </p> <p>Consuming fire fueled from doubts. Held tight. Precise fire. Burning. Heart's flame clearing; returning. The doubtless place. Acceptance: the mystery and the gift.</p>	<p><i>roots and stars</i> </p> <p>Roots feeding branches, leaves, flowers. The stars calling, yearning for more closeness. The flower whispers back: I trust my roots. Into the dancing earth, forever fertile darkness, roots guide my journey to kiss you, the stars.</p>	<p><i>cyclone vision</i> </p> <p>In our womb, an expression of self is wanting to be born. A complete trust in this expression initiates the birth of the vision: a cyclone through us, on to this earth.</p>
<p><i>stone</i> </p> <p>Immovable because it is our will. Joined will. Emanating will. Unshakable. Solid in the moving fluid. From this place: clarity and direction; in and out.</p>	<p><i>poised</i> </p> <p>Balance off. Falling. To recover. Balance off. Falling, to recover. Balance in falling: graceful. Instant recovery. Momentum. Poised.</p>	<p><i>storm</i> </p> <p>Chaos, my beauty, my trusting friend. Fire and burning, I breathe you in. Storms of force move me into my smallest circle. I look out, trusting and thankful, bowing to your wisdom. Knowing when to clear the way.</p>	<p><i>unfold</i> </p> <p>The lotus grows. Its roots stuck in the mud. From this acceptance come the nutrients and timing. Guiding, then unfolding. The lotus flower: symbol of humanity.</p>
<p><i>lion's heart</i> </p> <p>Legacy. Long line. Circle. Fierce strength yielding to wisdom. Open gives in to closed. Listening, wisdom gives way to strength. Both weaving, trusting each other. Here on earth, in the heart. Wisdom married strength.</p>	<p><i>thru golden spiral</i> </p> <p>Laughter, trust, scents of joy. Believing without seeing. Pure play: detachment. Expression from the core.</p>	<p><i>water heart spring</i> </p> <p>My circle opens. I feel the direction of my heart. A path is felt. It becomes a trail. Returning to the heart of humanity.</p>	<p><i>time to dance</i> </p> <p>I am the dance of the rain dripping on the leaf. The moisture carrying scent through the air. The sweetest smell of wisdom on the dragon's breath: reminding us, throughout time, the gift of love is simply divined.</p>